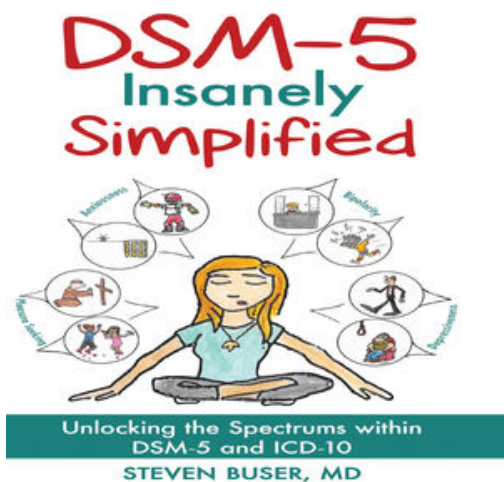


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fosters quick mastery of the most important concepts introduced in DSM-5 while offering an entirely new way of looking at mental health along a continuum. This new approach avoids simply "labeling" clients by placing them along spectrums that range from normal to problematic symptoms. Mental health professionals as well as laymen interested in a deeper understanding of emotional well-being will appreciate the synthesis of deep psychology and modern approaches to diagnosis.

Steven Buser trained in medicine at Duke University and served 12 years as a physician in the US Air Force. He is a graduate of the two-year Clinical Training Program at the CG Jung Institute of Chicago and is a co-founder of the Asheville Jung Center. In addition to a busy psychiatric private practice he serves as Publisher for Chiron Publications. He is active in the community and strives to integrate faith and spirituality into psychotherapy. He resides in the mountains in Asheville, NC with his wife and two children.

Len Cruz is the Editor-in-Chief of Chiron Publications, a book publishing company specializing in psychology, mythology, religion, and culture and a co-founder of the Asheville Jung Center. He is a psychiatrist who resides in Western North Carolina.

Luke Sloan was a 5th grade student in Asheville, NC when he completed the illustrations for this book. When he's not drawing, Luke enjoys playing soccer, reading books, snow-skiing, and just plain having fun!

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