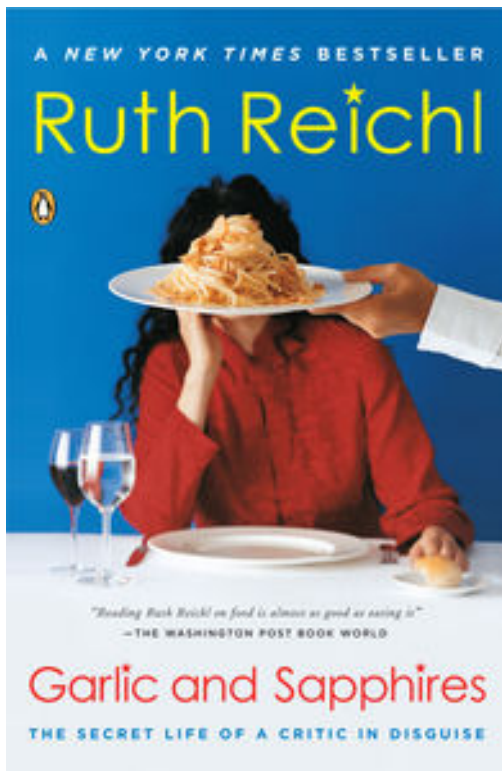


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What is even more remarkable about Reichl's spy games is that as she takes on these various disguises, she finds herself changed not just superficially, but in character as well. She gives a remarkable account of how one's outer appearance can very much influence one's inner character, expectations, and appetites.

As she writes, "Every restaurant is a theater . . . even the modest restaurants offer the opportunity to become someone else, at least for a little while." **GARLIC AND SAPPHIRES** is a reflection on personal identity and role playing in the decadent, epicurean theaters of the restaurant world.

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