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Michelle Obama



Becoming download or read online Michelle Obama PDF gratuito per e-book / ePub / Mobi / Mp3 / Txt, O íntimo, poderoso e inspirador livro de memórias da ex-Primeira-Dama dos Estados Unidos.

Protagonista de uma vida plena e bem-sucedida, Michelle Obama tornou-se numa das mulheres mais emblemáticas e incontornáveis da nossa era. Como Primeira-dama dos Estados Unidos da América, e primeira afro-americana a desempenhar esse papel, ajudou a criar a Casa Branca mais acolhedora e inclusiva da história, ao mesmo tempo que se estabeleceu como uma poderosa defensora de mulheres e meninas nos EUA e em todo o mundo, mudando drasticamente a forma como as famílias procuram uma vida mais saudável e activa, estando sempre ao lado do marido enquanto este conduzia os destinos dos EUA, acompanhando alguns dos seus momentos mais angustiantes. Ao longo do caminho, Michelle Obama mostrou-nos ainda alguns passos de dança, deu-nos a conhecer a sua mestria no Karaoke, e criou duas filhas sob uma pressão mediática implacável.

Nas suas memórias, uma obra de reflexão profunda e uma narrativa fascinante, Michelle Obama convida os leitores a entrar no seu mundo, relatando as experiências que a moldaram -- desde a infância na zona sul de Chicago, passando pelos anos como executiva, equilibrando as exigências da maternidade e o trabalho, até ao tempo passado no endereço mais famoso do mundo. Com honestidade e inteligência, descreve os seus triunfos e decepções, públicas e privadas, contando a história completa de como viveu, nas suas próprias palavras. Terno, sábio e revelador, BECOMING é um relato íntimo de uma mulher de alma e substância que desafiou constantemente as expectativas - e cuja história nos inspira a fazer o mesmo.

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