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- Are You Constantly Rehearsing Past Hurts and Disappointments?
- Have You Lost Hope in Love Because of Failed Relationships?
- Do You Feel Tension & Frustration When Expressing Your Feelings?
- Does Bitterness, Anger, or Negativity Cloud Your Vision?

Don't stay in bondage to emotional turmoil from past lovers, failed relationships, broken family cycles, or old ways of thinking. Instead, learn how to pinpoint and let go of any unresolved pain, hurt, and resentment lingering from heartbreak that you may be holding onto, which doesn't serve you.

Finding Love After Heartbreak, Volume I is a must-read guide to help you self-heal, find inner peace and true happiness. In the first volume of a two-part series, Stephan Speaks gives you the tools you need to begin your self-healing journey. Your life will never be the same.

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