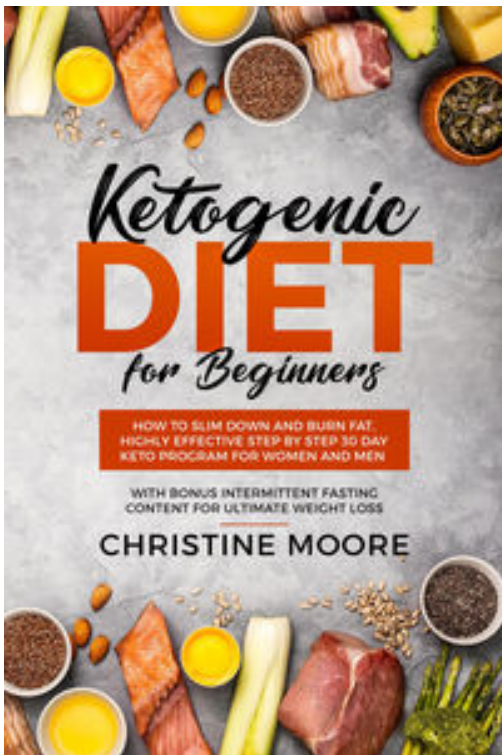


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Why the Keto Diet is popular and how it came to be.

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