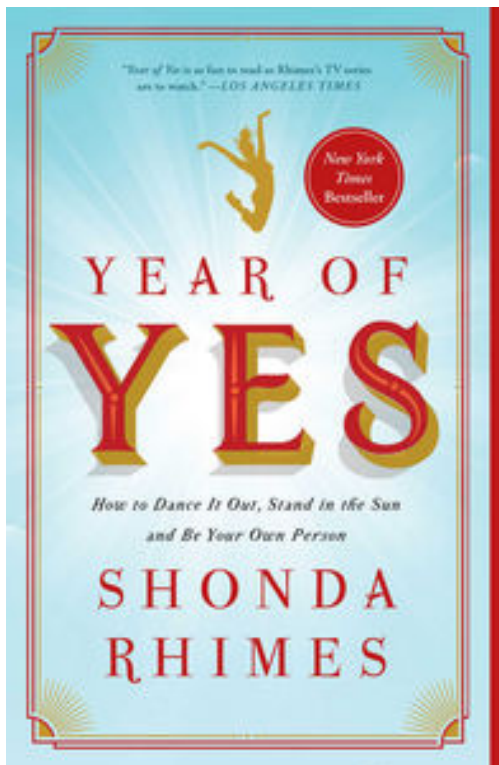


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## Shonda Rhimes



**Year of Yes download or read online Shonda Rhimes PDF gratuito per e-book / ePub / Mobi / Mp3 / Txt**, The mega-talented creator of *Grey's Anatomy* and *Scandal* and executive producer of *How to Get Away With Murder* chronicles how saying YES for one year changed her life—and how it can change yours, too.

With three hit shows on television and three children at home, the uber-talented Shonda Rhimes had lots of good reasons to say NO when an unexpected invitation arrived. Hollywood party? No. Speaking engagement? No. Media appearances? No.

And there was the side-benefit of saying No for an introvert like Shonda: nothing new to fear.

Then Shonda's sister laid down a challenge: just for one year, try to say YES to the unexpected invitations that come your way. Shonda reluctantly agreed—and the result was nothing short of transformative. In *Year of Yes*, Shonda Rhimes

chronicles the powerful impact saying yes had on every aspect of her life—and how we can all change our lives with one little word. Yes.

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