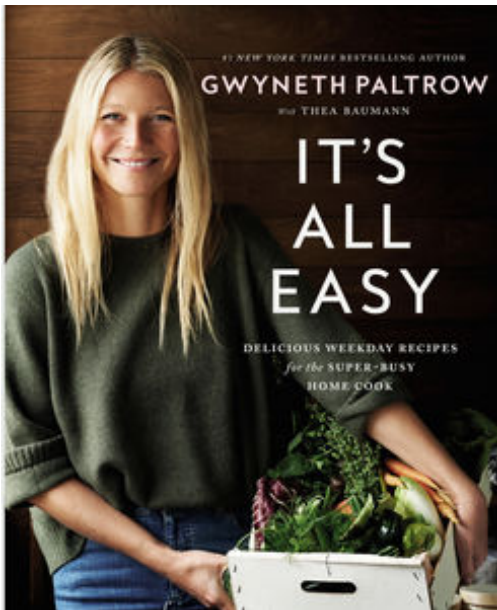


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## Gwyneth Paltrow



It's All Easy download or read online Gwyneth Paltrow PDF gratuito per e-book / ePub / Mobi / Mp3 / Txt, For fans of *It's All Good*—or just delicious food—here is the digital cookbook specifically designed for active use in the kitchen!

Interactive cooking tools enhance the more than 125 of Gwyneth's favorite recipes and include:

- E-mailable recipe shopping lists;
- Filtered search options to find recipes quick and easy;
- Guided recipes presented one step at a time so you never lose your place;
- Countdown timers to track any timed cooking event.

Gwyneth Paltrow is back to share more than 125 of her favorite recipes that can be made in the time it would take to order takeout (which often contains high quantities of fat, sugar, and processed ingredients). All the dishes are surprisingly tasty, with little or no sugar, fat, or gluten. From easy breakfasts to lazy suppers, this book has something for everybody. Yummy recipes include Chocolate Cinnamon Overnight Oats, Soft Polenta with Cherry Tomatoes, Chicken Enchiladas, Pita Bread Pizzas, Quick Sesame Noodles, and more! Plus, an innovative chapter for "on-the-go" meals (Moroccan Chicken Salad Wrap, Chopped Salad with Grilled Shrimp, and others) that you can take for lunch to work or school, to a picnic, or to eat while watching soccer practice!

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