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From Greg Behrendt, coauthor of the smash, two-million-copy bestseller *He's Just Not That Into You*, comes *It's Called a Breakup Because It's Broken*—the ultimate survival guide to getting over Mr. Wrong and reclaiming your inner Superfox. From how to put yourself through “He-tox” to how to throw yourself a kick-ass pity party, Greg and his coauthor and wife,

Amiira, share their hilarious and helpful roadmap for getting past the heartache and back into the game. You will learn:

Why you shouldn't call him—and what he's thinking when you do

How to keep your friends and not lose your job

How to avoid breakup pitfalls: IM-ing, stalking, having sex with your ex

Reframing reality—seeing the relationship for what it was

How to transform yourself into a hot, happening Superfox and get a jump on the better, brighter future that awaits

Complete with an essential workbook to help you put the crazy down on paper and not take it out into the world, *It's Called a Breakup Because It's Broken* is a must-have manual for finding your way back to an even more rocking you.

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