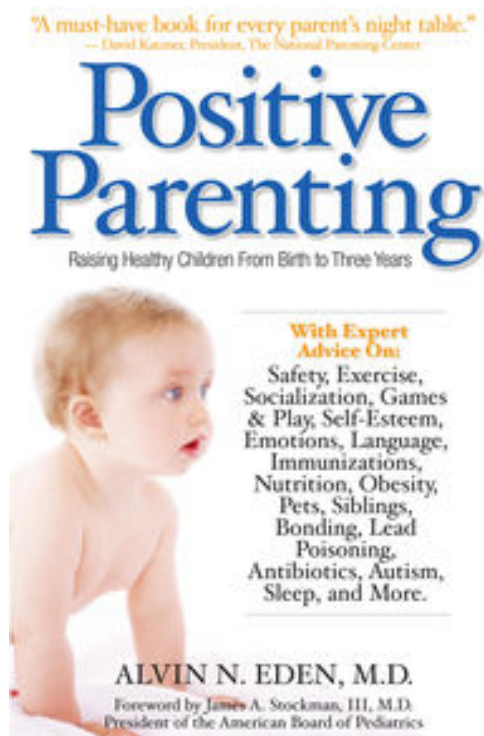


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It takes more than common sense to raise a healthy, happy and bright child. The first three years of life are crucial to a child's proper development. With the right information and advice, parents can help to assure their child's future success and happiness. This unique and easy-to-follow book teaches parents how they can encourage their young child's physical, emotional, and intellectual development--from infancy to their third birthday.

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- How to help your baby sleep throughout the night
- What you can do to prevent obesity and SIDS
- How to build your baby's self-esteem, IQ, self-confidence, and more

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- The effects of video games and other "educational" toys on development

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