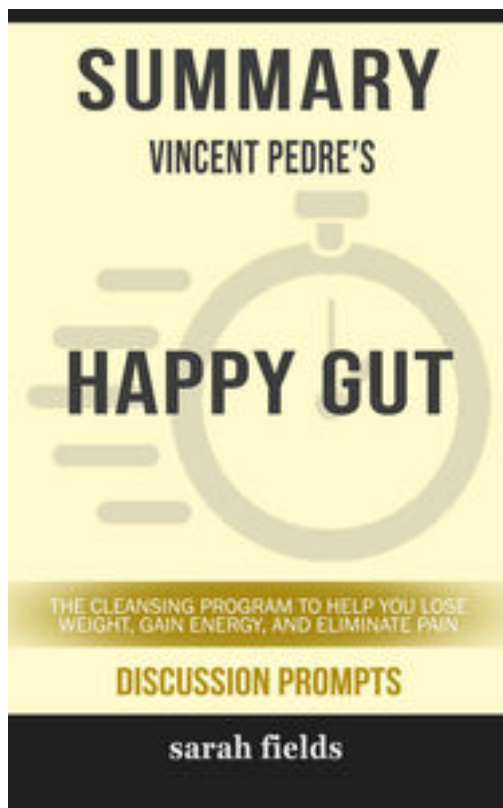


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**In this comprehensive look into Happy Gut: The Cleansing Program to Help You Lose Weight, Gain Energy, and Eliminate Pain by Vincent Pedre, you'll gain insight with this essential resource as a guide to aid your discussions. Be prepared to lead with the following:**

**Discussion aid which includes a wealth of prompts and information**

**Overall plot synopsis and author biography**

**Thought-provoking discussion questions for a deeper examination**

**Creative exercises to foster alternate "if this was you" discussions**

**And more!**

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