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Take the hassle out of keto cooking with *The Essential Keto Slow Cooker Cookbook*. Featuring 65 high-fat, low-carb recipes to prepare in your slow cooker, you can get keto meals on the table even on your busiest days! Featuring an overview of the ketogenic diet and expert tips on using your slow cooker, you'll learn how to remake all of your favorite dishes without sacrificing time, taste, or variety.

Recipes Include:

Pumpkin Breakfast Bake

Southwest Egg Casserole
Parmesan & Garlic Spaghetti Squash
White Chicken Salsa Verde Chili
Korean Beef Stew with Kimchi
Buffalo Chicken Dip
Italian Stuffed Flank Steak
Berry Cobbler

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If you realize your the essential keto slow cooker cookbook so overwhelming, you are able to go ahead and take instructions or guides in the manual individually. Select a special feature you wish to give attention to, browse the manual thoroughly, bring your product and execute what the manual is hinting to complete. Understand what the feature does, using it, and don't go jumping to a different cool feature till you have fully explored the actual one. Working through your owner's manual by doing this assists you to learn everything concerning your digital product the best and most convenient way. By ignoring your digital product manual and not reading it, you limit yourself in taking advantage of your product's features. When you have lost your owner's manual, look at product instructions for downloadable manuals in PDF

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