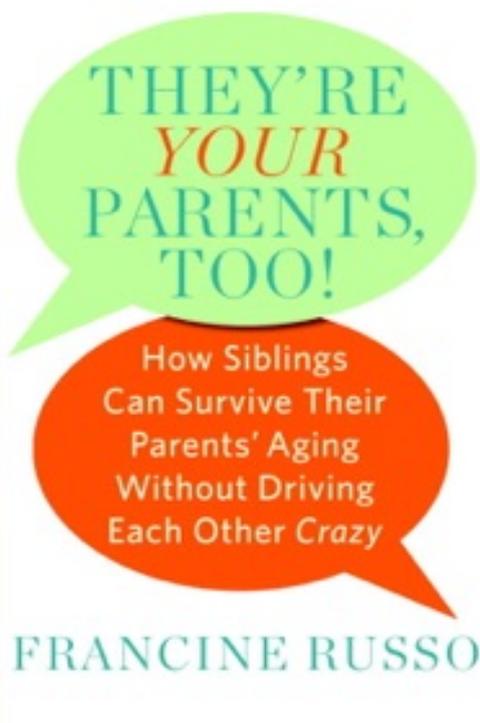


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Most of us enter this period of our lives unprepared for the difficult decisions and delicate negotiations that lie ahead. This is the first book that provides guidance on the transition from the “old” family to the “new” one, especially for adult siblings. Here you'll find practical advice on a wide range of topics including

- Who will make major medical decisions, manage finances, and enforce end-of-life choices if your parents cannot? And how will this be decided and carried out?
- How will you negotiate caregiving issues and deal with unequal contributions or power struggles?
- How can inheritance and the division of property, assets, and personal effects be handled to minimize hurt feelings and resentment?
- How will you cope with the natural reemergence of unresolved childhood rivalries, hurts, and needs?
- How can caring for your parents be an enriching experience rather than a thankless chore?
- Most important, how can you ensure the best care for your parents while lessening conflict, guilt, anger, and angst?

Written by a veteran journalist who chronicles life and how baby boomers live it, **They're Your Parents, Too!** offers all the information, insight, and advice you'll need to make productive choices as you and your siblings begin to assume your parents' place as the decision-making generation of your family.

Filled with expert guidance from gerontologists, family therapists, elder-care attorneys, financial planners, and health workers; resonant real-life stories; and helpful family negotiation techniques, this is an indispensable book for anyone whose parents are aging.

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