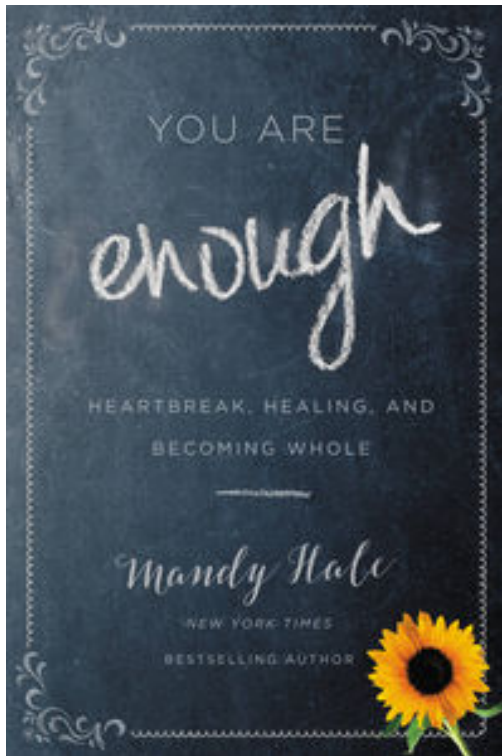


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After years of trying to prove she was enough in the world's eyes, even working alongside Oprah and hitting the New York Times bestseller list, Mandy hit rock bottom. But as it turned out, that very rock bottom became the most firm foundation she had ever planted her feet on. A foundation so solid, it finally provided the springboard she needed to outrun the taunting shadow of unworthiness that she'd tried to escape her whole life.

Now she wants readers to see that though life may not always be lighthearted and happy and shiny, each woman is deserving of the life she dreams of and hopes for. Nothing readers do can ever take away from their worthiness or

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